


Living Lab Progress

 Tampere FUSILLI Living Lab
actions 12/2022-5/2023



Citizen engagement and communications: workshops, events, www-pages etc.

Local food: Yearly Farmers' market held at Grazing season kick-off event at AhlmanEdu

Urban gardening: new methods and possibilities, fresh local produce

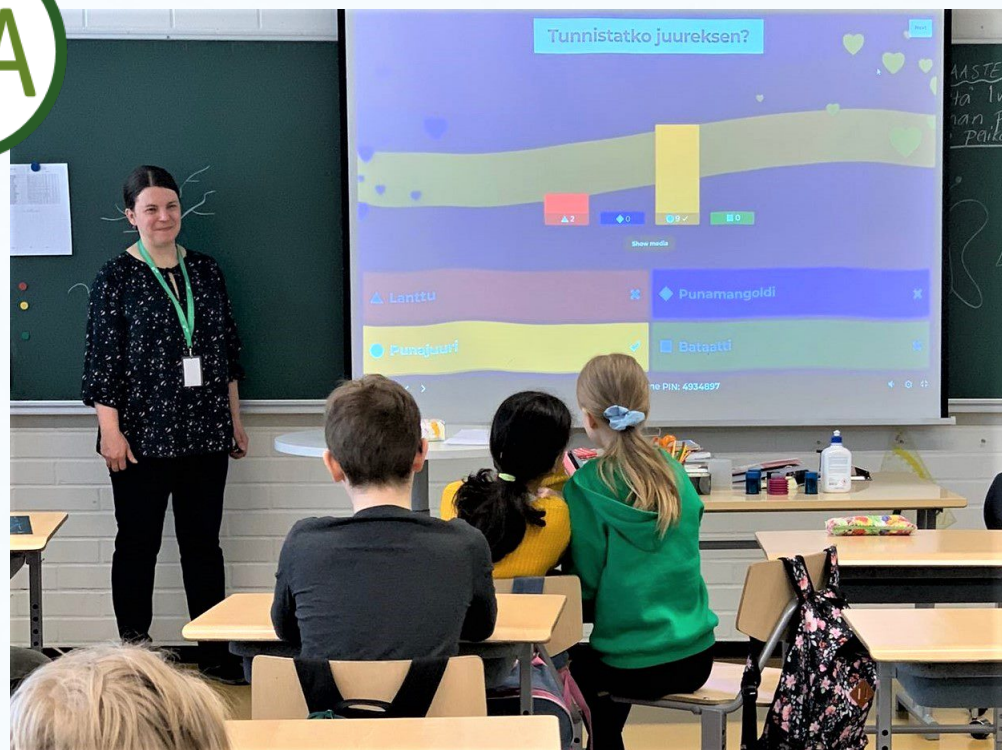
Bioactive compost trial has begun on AhlmaEdu's Living Lab no-dig garden: Soil Food Web method in practice

Education: sustainable food as an integral part of curriculums and school meals

Academic analysis actions: WP 2.4. TAMK

Healthy and sustainable diets: planetary diet as a method

CIA



FoodKahoot was a success with the pupils

EcoFellows concentrated on organizing educational gaming sessions at schools to promote healthy and sustainable food and the idea of planetary diet to the pupils.

The city of Tampere organized a "food box" pilot, where families received a box of fresh sustainable vegetarian ingredients and recipes aiming at learning more about sustainable diets. A lecture for the general public also talked about healthy and sustainable diets at the community college.

AhlmanAdu organized a Tapas-night - an educational workshop with local chefs and local food producers. They also had a 2nd season of gardening and food origin workshops with Home Economics' pupils from the local schools (7 workshops organized).

WIA



Yard and Nature big Gardening Fair

AhlmanEdu's Bioactive compost method was presented to the public at the region's largest gardening fair, Piha ja luonto (Yard and Nature). People were able to see, smell and touch what good quality compost should look like. People were also able to look at the compost under a microscope and try it for themselves. A leaflet with instructions on how to make good compost was distributed. The Fair was a joint effort with the sustainability team of the city of Tampere and we spread information about the project through our new seed paper pamphlets!

GIA



Implementation of hospitality degree program curriculum with sustainability competences

TAMK is implementing new BSc of Hospitality Management degree program with integrated FUSILLI Project targets. The students study topics regarding nutrition for sustainable and healthy diets, climate-smart and environmentally sustainable food systems, circularity and innovations.

From the city of Tampere perspective, the "cultivation box pilot" in the urban area of Vuores together with local residents helped to develop a low threshold operating model for resident cooperation. Also producing a Food Policy Report and Action Plan and developing measuring through the KPI work were big efforts by the city and the whole project team.

DIA



Future of Food event invited horeca entrepreneurs to the Living Lab

Together with two horeca sector projects TAMK organized a discussion event and workshop about future sustainable food and planetary health diet. The topics for workshops included sustainable menu development, sustainable food producer co-operation, sustainability as a competitive advantage of a restaurant, activating consumers and households, competences around sustainable food and a themed-week of sustainable food in the Tampere Region.

As part of EcoFellows actions, almost 6,500 customers participated in the local food event organized in the Tampere Market Hall, which promotes local food and sustainable food choices. The Market Hall is an important hub for local food distribution.

An annual event to mark the start of the grazing season, was the AhlmanEdu school's cows going out to pasture for the first time of the season. The event attracts thousands of people. A farmer's market was organized for the occasion. (about 3000 people). Communications about the importance of growing your own food and taking care of the soil were done through a blog post in the Gardener's diary blog.

PIA

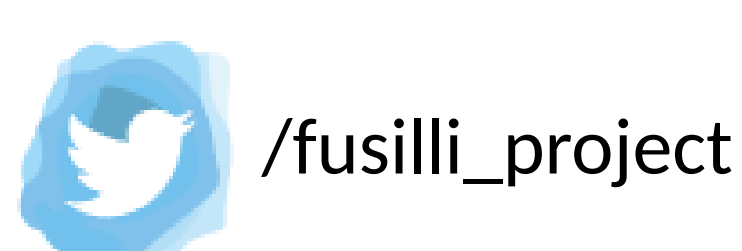


Bioactive composting has begun!

AhlmanEdu started their bioactive compost trial on the carrot bed. The pilot aims to prove the positive effects of Bioactive compost on the soil and plant growth.

With the help of EcoFellows, a vertical school garden was created in the courtyard of the Juhannuskylä school from seedlings grown by the pupils.

Large scale communications was also a big deal. The project reached over a million passengers with FUSILLI ads in the trams and buses of Tampere. We opened up a urban gardening www-page to share info to the residents. A lot of big and small events also helped reach the public about production, such as the Yard and Nature fair and gardening info at the Youth Centre every Wednesday (the city copied what we saw in Kolding and made a pop up sustainability house at the Youth Center, operating for a few months during this spring).



www.fusilli-project.eu



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